

Come Join Treasure Valley's Tai Chi students, instructors, and supporters as we celebrate:

## World Tai Chi Day 2023

9:30-11:30 AM, Saturday April 29

Eagle/Ada County Sports Park, Old Horseshoe Bend Rd at  
Greenbrook Dr. (per map)

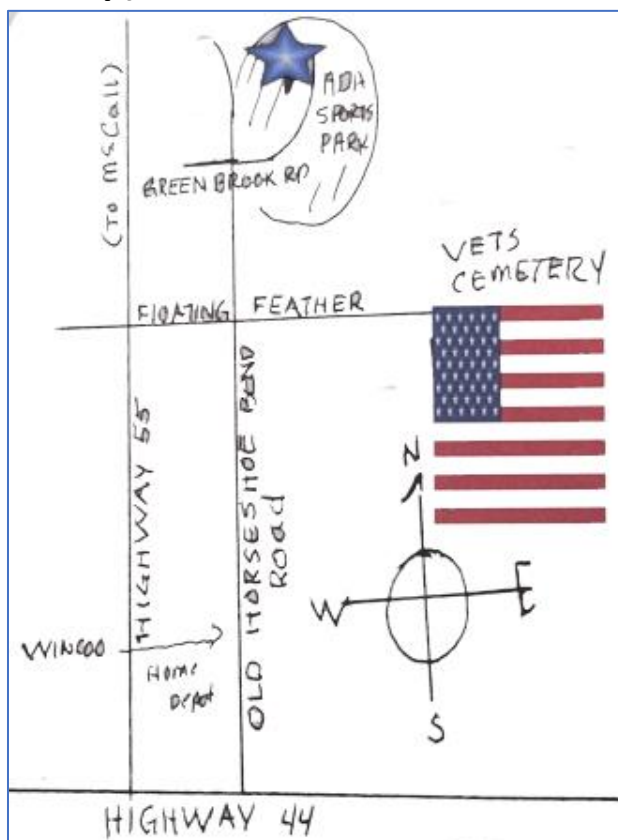
Dating to 1999 -World Tai Chi Day spreads across 80 countries, starting in New Zealand and concluding in Hawaii, creating 24 hours of Tai Chi across the globe.

The Shinjimasu Academy of Martial Arts of Idaho is proud to host this year's celebration along with other schools in the valley.

Gatherings begin at 9:30 a.m., demonstrations begin at 10:00 a.m., the 24 Form will be performed at 10:30 a.m. and a potluck lunch will follow.

We welcome guests, Tai Chi Veterans, beginners and the curious. There is no charge for this celebration. Those wishing to join us for lunch need only bring a dish.

For more information, call/text  
Greg Casey: (208) 515-6195  
Larry Bearg: (208) 869-6297



Come discover one of the oldest mindfulness techniques in history.

